Week 1

Item/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	Fish Goujons and Chips	Wholewheat Pasta with a Tomato and Vegetable sauce	Individually portioned Yorkshire pudding with Roast Beef, Roast Potatoes, Vegetable and separate Gravy	Sweet and Sour Chicken with sauce separate and noodles	Homemade Wholewheat Cheese and Tomato Pizza
Vegetarian/ Vegan option	Vegetable goujons and chips	Wholewheat Pasta with a Tomato and Vegetable sauce	Vegetable bake Yorkshire pudding potatoes vegetables and gravy	Sweet and Sour Vegetables with sauce separate and noodles	As above
Side	Peas	Garlic Bread	Carrot Batons	Sweetcorn	Salad
Or Jacket Potato Option with Carrot and Cucumber with Fruit and Dessert	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Beans	Jacket with Cheese
Or Lunch box option comes with Sandwich and Veg sticks with fruit and dessert	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich
	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich
	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich
	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich
Fruit for all Meal Options	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Dessert for all meal options	Yoghurt	Fruit Mousse	Flapjack	Yoghurt	Artic Roll

All Dietary and Religious Requirements Catered for.

Week 2

Item/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	Chicken goujons, wrap and grated cheese	Spaghetti and Meatballs in a marina sauce	Individually portioned Yorkshire pudding with Turkey, Roast Potatoes, Vegetable and separate Gravy	Local Butchers Sausage in a Finger Bun	Homemade Wholewheat Cheese and Tomato Pizza
Vegan/Vegetarian option	Vegetable goujons wrap and grated cheese	Spaghetti and Plant based meatballs in a Marina Sauce	Vegetable bake Yorkshire pudding vegetables and potatoes with gravy	Meatless Vegan sausage in a finger Bun	Homemade Wholewheat Cheese and Tomato Pizza
Side	Salad Bar	Broccoli	Peas	Potato Wedges and Carrot and Cucumber Sticks	Sweetcorn
Or Jacket Potato Option with Carrot and Cucumber with Fruit and Dessert	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Beans	Jacket with Cheese
Or Lunch box option comes with Sandwich and Veg sticks with fruit and dessert	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich
	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich
	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich
	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich
Fruit for all Meal Options	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Dessert for all meal options	Yoghurt	Fruit Mousse	Lemon Drizzle Cake	Yoghurt	Vanilla Ice cream pot

All Dietary and Religious Requirements Catered for.

Week 3

Item/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	Large Sausage Roll	Chicken goujons, wrap and grated cheese	Individually portioned Yorkshire pudding with Sliced Turkey, Roast Potatoes, Vegetable and separate Gravy	Chicken Korma and Rice	Fish Fingers and Chips
Vegan/ Vegetarian Option	Large Meat free sausage roll	Vegetable goujons wrap and grated cheese	Vegetarian bake in Yorkshire pudding with potatoes vegetarian gravy and vegetable	Cauliflower, Chickpea and Spinach Curry and Rice	Vegetable Fingers and chips
Side	Beans	Salad Bar	Carrot Batons	Sweetcorn	Peas
Or Jacket Potato Option with Carrot and Cucumber with Fruit and Dessert	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Beans	Jacket with Cheese
Or Lunch box option comes with Sandwich and Veg sticks with fruit and dessert	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich	Best of both bread Cheese Sandwich
	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich	Best of both bread Ham Sandwich
	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich	Best of both bread Tuna Sandwich
	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich	Best of both bread Jam Sandwich
Fruit for all Meal Options	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Dessert for all meal options	Yoghurt	Hot Pudding and Custard	Donuts	Ice Cream Pot	Yoghurt

All Dietary and Religious Requirements Catered for.